

Adapted Aquatics Program
Days & Times for School Year - 2026
WINTER Session #3, 2026

*(Subject to **change**)*

Monday	Tuesday	Wednesday	Thursday	Friday
Adapted <u>Lap Swim</u> 5:00 - 6:00 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM 3:00 - 3:30 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM 4:40 - 5:10 PM 5:20 - 5:50 PM 6:00 - 6:30 PM 6:40 - 7:10 PM	1:40 - 2:10 PM 2:20 - 2:50 PM 3:00 - 3:30 PM 3:40 - 4:10 PM 4:20 - 4:50 PM