

**Adapted Aquatics Program**  
**Days & Times for School Year - 2026**  
**WINTER Session #3, 2026**

*(Subject to change)*

Monday 1 Swim Slot	Tuesday 2 Swim Slots	Wednesday 2 Swim Slots	Thursday 3 Swim Slots	Friday 1 Swim Slot
1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM  Adapted <u>Lap Swim</u> 5:00 - 6:30 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM 3:00 - 3:30 PM	1:00 - 1:30 PM 1:40 - 2:10 PM 2:20 - 2:50 PM  4:40 - 5:10 PM 5:20 - 5:50 PM 6:00 - 6:30 PM	1:40 - 2:10 PM 2:20 - 2:50 PM  3:40 - 4:10 PM 4:20 - 4:50 PM 5:00 - 5:30 PM 5:40 - 6:10 PM 6:15 - 6:45 PM 6:50 - 7:20 PM